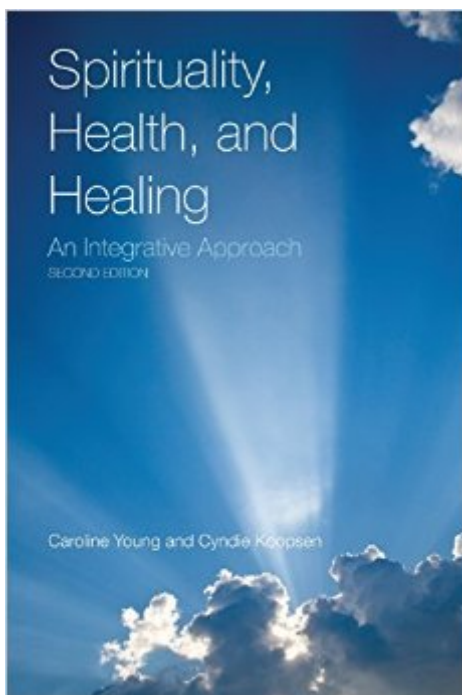


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# Spirituality, Health, And Healing: An Integrative Approach



## Synopsis

*Spirituality, Health, and Healing: An Integrative Approach* offers health care professionals and individual caregivers the guidelines and tools necessary to provide compassionate, spiritual care to their clients and patients. By describing the profound role of spirituality on the body, mind, and spirit, this resource is an essential asset to practitioners eager to enhance their understanding of this important topic. The Second Edition has been completely updated and revised to include new content and current research. New information on integral spirituality, consciousness, the New Thought movement, and Western worldviews has been added along with updated information on healing rituals, sacred healing places on earth, and spiritual care at the end of life. There is also added information on altars, energy, symbols and environmental messages, an added section on designing with the natural world, and a new section on health care design and trends in health care design.

## Book Information

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## Customer Reviews

Authors Cyndie Koopsen and Caroline Young are a public health nurse and person with an MPH/health promotion background. They have both been active for many years in developing programs and resources in integrative health and wellness. They are the principals of Allegra Learning Solutions LLC, which provides resources and continuing professional education in these areas, and has a particularly useful website, [...], with health updates, tips and a well-written and archived monthly newsletter. *Spirituality, health and healing* is one of two books they have jointly

written. It gives readers a broad and inclusive perspective on spirituality and the ways in which health care clinicians... nurses, physicians and other health care professionals... can incorporate spiritual awareness and approaches in their work. There are good sections in this book that address areas that are usually considered in the current literature on spirituality and health care. Examples are principles of spiritual assessment and spiritual care, and applications to end-of-life care and grief. A particular strength of the book is that there are also good sections that address areas that are not usually considered in the current literature. Examples are very nice chapters on ritual, culture and healing, healing and the arts, sacred spaces, and on spiritual care in working with children. As a medical educator and writer, I also appreciate the format of the book. Each section specifies learning objectives and offers chapter summaries, key concepts and questions for reflection. Overall, this is a practical, well-written book that adds to the growing book literature on spirituality and health care and is well-suited to individual exploration and group use. Frederic C. Craigie, PhD

I enjoy this book ! Health care professionals should learn, respect, other cultures and beliefs all people should respect other beliefs. Know about how people who involved in people health care and environment social workers sometimes don't respect people who are forced to participate in government aide. No human should be turned down. It is really sad how some professional treat people who are in need. But if they are put in that same situation they have got on welfare and stayed on their until they got ready to get off. TB

Some of this book is more of opinion than facts & application. I was very disappointed in this one & paid too much for it. Not one I will include in my Library for the Healing Arts. Would not recommend

Young and Koopsen have caught the essence of the diversity of the many cultural approaches to health and healing. As a physician trained in the Western Tradition of medicine, this book offered to me a more perceptive approach to the understanding of my patient's views of their own health. I learned for the first time the difference between "healing" and "curing". Although this outstanding book is primarily a teaching text, I highly recommend it to anyone interested in the unique perspective that this book offers. R. O'Neil MD

This book will be used as a required text for a course on Spirituality and Health. We won't use the entire book, as we have several other resources as required readings, but the general overview

nature of the book makes it very useful for the course.

I bought this book as a required textbook for my nursing classes earning my masters degree in nursing, It is a great educational tool but not something for me for personal use.

This book is the primary text for a course in Spirituality and Healing at the Univ. of Maine. So far it looks very good. Covers a lot of material but is not too hard reading.

Definitely a must have for anyone in healthcare with an interest in spirituality/religion or for educational purposes. Book came exactly as described and shipping was fast.

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